

To have a good spouse, you must *be* a good spouse.

Caring Behaviors

Make a list of words or behaviors you need,
that make you feel loved, respected, accepted, supported, etc.
Exchange this list with your spouse's list so you both have a 'target'
of how to love each other in the ways that matter most.

Intentional love deposits

1. Tell me something that you appreciate about me every day ♥
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.

“for whatever a man sows, that he will reap... Let us not grow weary while doing good,
for in due season we shall reap if we do not lose heart.” Galatians 6:7-9

To have a good spouse, you must *be* a good spouse.

Caring Behaviors

Make a list of words or behaviors you need,
that make you feel loved, respected, accepted, supported, etc.
Exchange this list with your spouse's list so you both have a 'target'
of how to love each other in the ways that matter most.

Intentional love deposits

1. Tell me something that you appreciate about me every day ♥

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

“for whatever a man sows, that he will reap... Let us not grow weary while doing good,
for in due season we shall reap if we do not lose heart.” Galatians 6:7-9